

MEDICAL BRANCH, THIRUVANANTHAPURAM DIVISION

Brief History

Trivandrum Division was formed on 2nd October 1979 carving out Shoranur - Cochin Harbour Terminus section from the erstwhile Palaghat Division and Ernakulam – Trivandrum -Kanniyakumari sections of Madurai Division. The division is spreading over the areas of Kerala & Tamil Nadu. The route kilometrage of the division is 562.36. This division is mainly passenger oriented as it serves the area with highest density of population. The Medical department of TVC division provides comprehensive health care services to employees, their dependants, retired employees and their dependants. Apart from the Divisional Hospital at Thiruvananthapuram Pettah there are six Health Units.

Divisional Railway Hospital

Thiruvananthapuram Divisional Hospital is situated at Trivandrum Pettah. Initially a polyclinic started functioning close to the Divisional Office complex at Thycaud, Trivandrum which was upgraded to a hospital with 25 beds capacity and subsequently shifted to the present location opposite to Pettah Railway station on 15.11.1991 with a bed strength of 50. An ICU with 4 beds was commissioned in the year 2008.

There are ten IRHS doctors including various specialists like Orthopedics, ENT, Ophthalmology, Pediatrics, Gynaecology, Dentistry at Railway Hospital, Trivandrum. In addition, the services by Honorary Visiting Specialist and other case to case consultants belonging to various broad and Super/Sub Specialties are available to ensure quality Health Care by the relevant specialists under one roof.

Railway Hospital is a recognized PMJAY Centre. In-patients are being admitted under PMJAY scheme and health care services are provided for all beneficiaries under PMJAY and KASP schemes as well in the approved specialties.

Health Units

There are six Health Units located at Nagercoil, Kollam, Alappuzha, Kottayam, Ernakulam and Thrissur.

Two Medical outposts are functioning on weekly basis on every Friday at at Divisional Office complex and every Saturday at Anwer Gardens, Railway Colony, Poojapura.

LOCATION OF RAILWAY HOSPITAL, HEALTH UNITS & JURISDICTION

- I. **HU/TCR - 87 km**
 VTK (Vallathol Nagar) (incl) – KRAN (Korattiangadi)
 TCR (Thrissur)- GUV (Guruvayur)

- II. **HU/ERS -101 km**
 ERS-KUC (Karukutty) (incl) – TCR side
 ERS-KUMM (incl) – ALLP side
 ERS-KPTM (Kuruppanthara) (incl) – KTYM side
 ERS- CHTS (Cochin Harbour Terminus)
 ERS-IPN (Irumpanam)

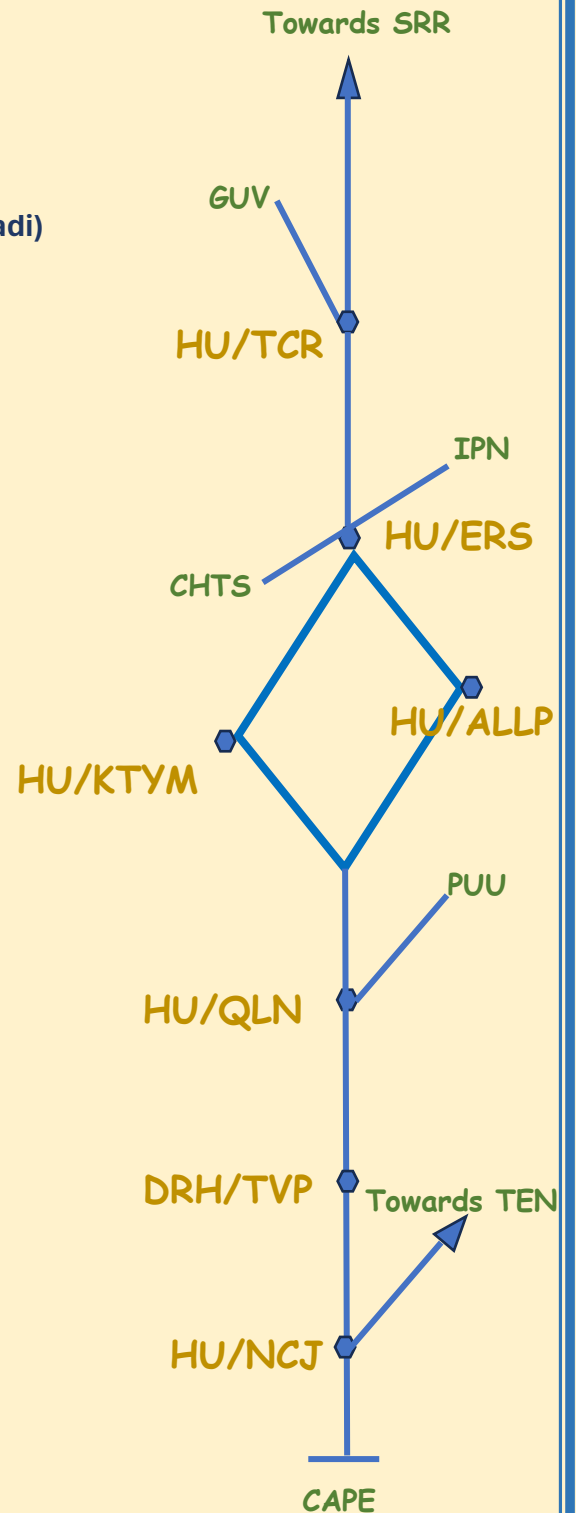
- III. **HU/KTYM -72 km**
 KPTM (Kanjiramittam) to CYN (Cheriyamad)
 (excl) (incl)

- IV. **HU/ALLP - 93 km**
 Aroor (Aror) – ALLP – KYJ (Kayankulam) (excl)

- V. **HU/QLN -119 km**
 VAK (Varkala) (Excl) to CYN (Cheriyamad)
 QLN-PUU (Punalur)

- VI. **DRH/TVP -79 km**
 PASA (Parassala) to VAK (Varkala)

- VII. **HU/NCJ -127 km**
 CAPE-KZTW (Kulithurai West)
 NCJ to NNN (Nanguneri)(excl)- TEN side



Services provided at Railway Hospital, Thiruvananthapuram

1. Out-patient Department:

Apart from OPD regular specialty clinics are conducted in the field of Orthopaedics, Ophthalmology, ENT, Paediatrics, Gynaecology and Dental.

- Honorary Visiting Specialist is available in the field of Cardiology and Orthopaedics.
- In addition to the above, services of specialists are provided on case to case basis in Surgery, Urology, Neurology, Dermatology, Gastroenterology, Pulmonology & Psychiatry.

2. Casualty Services: 24 hours casualty is functioning at the ground floor with adequate infrastructure.

3. Investigation facilities available:

- Laboratory
- X-Ray
- USG, CT & MRI and other investigations are being done in empanelled scan centres/ labs at CGHS rate.

4. Dental Services: It is a fully air conditioned unit with state-of-art Dental Chair and other equipment

5. Inpatient Services: There are 4 wards

Medical wards -2 (male and female)

Surgical wards- 2 (male and female)

6. Operation Theatre: The Operation theatre complex consists of one major and one minor operation room

7. ICU (4 bedded)

8. PSA Plant (Oxygen)

9. Manifold room (oxygen cylinder bank) **with oxygen, nitrous oxide and vacuum**

10. Mortuary

**Contact details of doctors at Railway Hospital/Thiruvananthapuram
as on 25.03.2024**

| Sl no | Name | Designation | Contact number |
|-------|-----------------------|-----------------------|----------------|
| 1 | Dr. SVO Chandra Kumar | CMS (Orthopedics) | 9746769500 |
| 2 | Dr. Anand Kumar V | ACMS (Orthopedics) | 9746769506 |
| 3 | Dr. Soney Thomas | ACMS (Dental) | 9746769508 |
| 4 | Dr. Shina S | ACMS (Ophthalmology) | 9746769504 |
| 5 | Dr. Livina Narendran | Sr. DMO (ENT) | 9746769507 |
| 6 | Dr. Alan Thomas | Sr. DMO (Orthopedics) | 9746769505 |
| 7 | Dr. Sam P Mathew | DMO (Pediatrics) | 6238810530 |
| 8 | Dr. Shruthi Satish | DMO (ENT) | 9746769502 |
| 9 | Dr. Renjith I | DMO (Anesthesiology) | 9746769515 |
| 10 | Dr. Kokila B T | ADMO (Gynaecology) | 9746769501 |

**Contact details of doctors at Health Units in Thiruvananthapuram
Division as on 25.03.2024**

| Sl no | Name | Designation | HU | Contact number |
|-------|-------------------------------|-------------|-----------|----------------|
| 1 | Dr. Melwyn A Ferwis | Sr. DMO | Nagercoil | 9746769514 |
| 2 | Dr. Sen Sahadevan | ACMS | Kollam | 9746769509 |
| 3 | Dr. Gayathri N | ADMO | Kollam | 8129979530 |
| 4 | Dr. Mujebu Rahiman T | ACMS | Kottayam | 9746769512 |
| 5 | Dr. Nasreem Valugothi | Sr. DMO | Ernakulam | 9746769503 |
| 6 | Dr. Rinu Reynolds | ADMO | Ernakulam | 9746769511 |
| 7 | Dr. Thundiyl Sebastian Joseph | ACMS | Thrissur | 9746769513 |
| 8 | Dr. Tobin K Dominic | DMO | Alappuzha | 9746769510 |

Timings and Working hours

| Unit | Area | Monday to Friday | Saturday |
|------------------|------------------------------|-------------------------------|--------------|
| Railway Hospital | OPD | 8.30 - 13.00 15.30 – 17.30 | 8.30 - 13.00 |
| | Laboratory sample collection | 8.30 – 11.00 | 8.30 – 11.00 |
| | Pharmacy dispensing time | 8.30 – 13.00 15.00 – 17.30 | 8.30 – 13.00 |
| | Casualty service | 24 hrs | 24 hrs |
| CMS Office | Office Working Hours | 9.00 – 17.30 | Holiday |
| Health Units | OPD Timing | 8.30 - 13.00 15.30 – 17.30 | 8.30 - 13.00 |
| | Pharmacy dispensing time | 8.30 – 13.00 15.00 – 17.30 | 8.30 – 13.00 |

Sundays Holiday

Speciality Clinic at Railway Hospital

| Speciality | Day | Time |
|---------------|-----------------------------------|-------|
| Cardiology | Monday, Tuesday, Thursday, Friday | 14.00 |
| Gynaecology | Monday, Wednesday, Friday | 15.30 |
| Orthopedic | Monday to Saturday | 8.30 |
| Ophthalmology | Tuesday , Wednesday | 15.30 |
| ENT | Monday , Thursday | 15.30 |
| Surgery | Thursday | 08.30 |
| Dermatology | Monday | 09.00 |
| | Wednesday | 14.30 |
| Pediatrics | Monday to Saturday | 8.30 |
| Psychiatry | Friday | 16.30 |
| Dental | Monday to Saturday | 08.30 |
| Neurology | Saturday | 14.30 |
| Urology | On call | |

Periodical Medical Examination : Tuesday & Thursday 09.00