



**दक्षिण रेलवे/Southern Railway  
चेन्नै मंडल/Chennai Division**

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**PRESS RELEASE**

**CHENNAI DIVISION ORGANISES “FIT INDIA FREEDOM RUN 2.0”**

Chennai Division of Southern Railway organised the FIT India freedom run 2.0 on 01<sup>st</sup> October 2021 (today), as part of the Nationwide campaign launched under the aegis of the Ministry of Youth Affairs and Sports (MYAS). Fit India Freedom Runs are being organized Pan-India by Zonal Railways, Divisions and Production Units of Railways from 18th of August, 2020 to 2nd October, 2020, in commemoration of 75<sup>th</sup> Independence Day – “Azadi ka Amrit Mahostav” and “Gandhi Jayanthi”.

With a vision to foster healthy attitudes and habits among employees, Officers of Chennai Division took part in the ‘Fit India Freedom Run 2.0’ led by Shri. Ganesh, Divisional Railway Manager, Chennai Division today (Friday) 01.10.2021 at Ayanavaram RPF ground. Welcoming all to the Fitness run, Shri. K. Madhusudan, Principal Chief Signal and Telecom engineer, S.Rly and the President, Southern Railway Sports Association (SRSA) encouraged all employees to ensure minimum physical fitness to keep diseases away. The Additional Divisional Railway Managers, Senior Divisional Personnel Officer, Senior Divisional Security Commissioner, Sports Officer and other officials of Chennai Division also participated in the event. All the laid down protocols of social distancing and wearing of masks were strictly followed during the Fit India Run.

Speaking at the event, Shri Ganesh, DRM/Chennai stressed the importance of making healthy choices and staying fit. Expressing his happiness over participating in the fitness run along with many young sports talents, he added that employees should pledge to maintain good health in making the new India fit and strong.

Shri. K. Madhusudan, Principal Chief Signal and Telecom Engineer, S.Rly congratulated Chennai Division for organizing “Fit India Freedom Run 2.0” for the benefit of employees. He also thanked the Government of India for organizing such events to create awareness among the citizens which would help them to maintain their health and stay fit.

**Sd/-**

**ए .एलुमलै/ (A.Elumalai)**

**जनसंपर्क अधिकारी/Public Relations Officer  
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